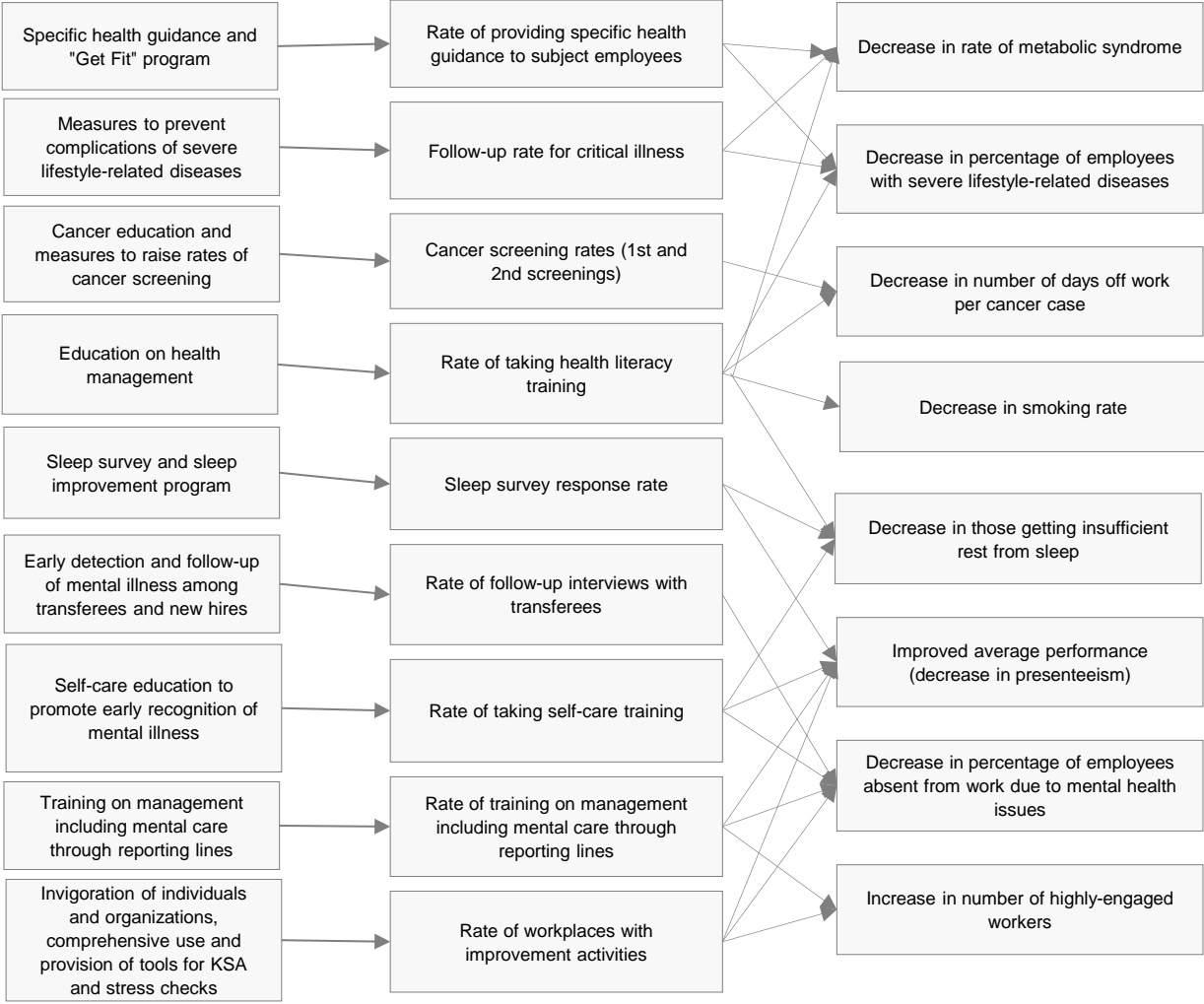


Health-related investments

Effects of health-related investments

Management issues to resolve through health and productivity management

- Health-related investments that correlate with various effects
- Specific health guidance
 - Lifestyle improvement guidance (original)
- Use of app to encourage regular exercise
 - Education to improve eating habits
 - Cancer seminars
 - Smoking cessation assistance program
 - Program to improve sleep
 - Mental health training
 - New health management system
 - Regular medical checkups
 - Women's health measures



Success and growth of each individual

Greater working satisfaction and fulfillment

Vibrant and strong organizational climate

3 perspectives:

- Decrease in sick leave
- Reduced presenteeism
- Increased motivation and job satisfaction

Increased and enhanced productivity

Attainment of well-being